

Supporting your transition to the BTEC Level 2 Technical Occupational Entry for Gym Instructors (Diploma)

This document is for centres/tutors moving from the Pearson BTEC Level 2 Diploma in Sports Industry Skills (Instructing Exercise in a Gym Environment) (QN 603/6135/9) to the Pearson BTEC Level 2 Technical Occupational Entry for Gym Instructors (Diploma) (QN 610/4255/9).

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Introducing you to the BTEC Level 2 Technical Occupational Entry for Gym Instructors (Diploma)

Introduction:

Available for first teach September 2025, the BTEC Level 2 Technical Occupational Entry for Gym Instructors (Diploma) (QN 610/4255/9) will replace our current:

- Pearson BTEC Level 2 Diploma in Sports Industry Skills (Instructing Exercise in a Gym Environment) (QN 603/6135/9)

It is part of our wider suite of Sport qualifications specifically designed to support your level 2 post 16 delivery. These include:

- BTEC Level 2 Technical Occupational Entry in Leading Community Activity (Diploma)
- BTEC Level 2 Technical Occupational Entry for Recreation Assistants (Diploma)

Mapped to employer standards:

The BTEC Level 2 Technical Occupational Entry for Gym Instructors (Diploma) is mapped to the following employer standard:

- Leisure Team Member

Mapped to professional standards:

The BTEC Level 2 Technical Occupational Entry for Gym Instructors (Diploma) is mapped to the following professional standard:

- Chartered Institute for Management of Sport and Physical Activity (CIMSPA) professional standard for Gym Instructors

This means the qualification aligns with and is accredited by CIMSPA for the job role of Gym Instructor.

Key similarities and differences

Similarities:

- All mandatory content
- GLH (360) remains the same
- 100% internally assessed
- P, M and D graded units
- P, M, D and Distinction * available at overall qualification grade
- Unit 1: common across all three Sport BTEC Technical qualifications
- Very little change across all units

Differences:

- Authorised Assignment Briefs for each unit
- TQT increased to 414 (previously 410)

Mapping guide

BTEC Level 2 Technical Occupational Entry for Gym Instructors (Diploma)	BTEC Level 2 Diploma in Sports Industry Skills (Instructing Exercise in a Gym Environment)	Notes
Working in the Sport and Active Leisure Industry	Working in the Sport and Active Leisure Industry	Inclusion of benefits and barriers of participation. Removal of different job roles.
Exercise Instructor Knowledge and Development	Exercise Instructor Knowledge and Skills Development	No change to LOs.
Preparing Clients for a Gym-based Exercise Programme	Preparing Clients for a Gym-based Exercise Programme	No change to LOs.
Working as a Gym Instructor	Working as a Gym Instructor	No change to LOs.

